



BULLETIN OF INFORMATION



Center for Educational Measurement, Inc.

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This Bulletin of Information (BOI) is the official policy and procedure guide to the NMAT. This will guide you in preparing to take the test and provide you the necessary information for a smooth registration and a comfortable testing experience. ***Contents of this bulletin may be subject to change without prior notice.***

PART 1. ABOUT NMAT

The National Medical Admission Test (NMAT) is a standardized test designed to upgrade the selection of applicants seeking admission to Philippine medical schools. It evolved from a widespread concern to screen qualified candidates aspiring for a medical degree. It intends to improve the quality of medical education in the country and envisions to elevate the medical profession to a level of competence through a careful evaluation of student potentials for future medical studies.

Pursuant to the Medical Act of 1959, the Board of Medical Education (BME), under DECS Order No. 52 series 1985 and in consultation with the Association of Philippine Medical Colleges Foundation, Inc. (APMC), required the NMAT as a prerequisite for admission in all medical schools nationwide beginning school year 1986-1987.

The Center for Educational Measurement, Inc. (CEM) has been authorized to manage the affairs and activities related to the operation of the NMAT since the first administration of the test in December 1985. With CEM's experience as an educational testing agency, it was commissioned to develop the NMAT, ensure the reliability and validity of the test, and uphold the confidentiality of results and integrity of its administration.

The NMAT is currently available as an online computer-based test (OCBT), hereinafter referred to as Online NMAT. The Online NMAT allows candidates (examinees) to take the exam remotely. The Online NMAT started in August 2020 and there are several test administration schedules since then. The test administrations are usually scheduled in the following months: October to November, January to February, and April to May. All Online NMAT administration schedules follow Philippine Standard Time (PHT).

Brief Description of the Test

The NMAT is a two-part test: Part 1 consists of tests of mental ability and Part 2 are tests of academic proficiency. The four subtests that compose Part 1 measure aptitudes that were found to have significant correlations with academic performance of medical students, while the four subtests that compose Part 2 measure subject proficiency in areas which are part of the academic background required of applicants to the medical course.

The subtests in Part 1 are as follows:

VERBAL. This subtest consists of two item types, namely, word analogies and reading comprehension, which measure verbal reasoning, inferential, and analytical abilities. Items in reading comprehension are based on the content of portions of published materials covering a wide range of topics, e.g., social, scientific, medical, philosophical, literary.

INDUCTIVE REASONING. This subtest consists of number, letter, and figural series and figure grouping items. These items measure induction, a reasoning that occurs in the absence of complete information. Specifically, in the test, it is the ability to perceive relationships among stimuli and draw a logical conclusion or infer a general rule.

QUANTITATIVE. This subtest consists of three item types, namely, fundamental operations (or direct computation), problem solving, and data interpretation. These items are intended to measure general reasoning, or the ability to organize and apply knowledge of basic mathematics and reasoning to find

solutions for them.

PERCEPTUAL ACUITY. This subtest consists of three item types, namely, hidden figure, mirror image, and identical information. These are essentially visual recognition tasks that are complicated by distractions. Finding solutions to these items involve accuracy by focusing on relevant details, analyzing relationships, and visualization.

Table 1. Overview of the Online NMAT

Subtest	Content Area / Item Type	No. of Items	Recommended Time Allotment
Verbal	Analogies Reading Comprehension	30	30 minutes
Inductive Reasoning	Figure Series Figure Grouping Number and Letter Series	30	35 minutes
Quantitative	Fundamental Operation Problem Solving Data Interpretation	30	40 minutes
Perceptual Acuity	Hidden Figure Mirror Image Identical Information	30	30 minutes
<i>Time Limit*</i>			2 hours and 15 minutes
10-MINUTE BREAK			
Biology	Unity and Diversity of Life Cells and Cellular Processes Genetics The World of Plants and Animals Development Life Processes: Regulation and Homeostasis Organisms and Their Environment	30	30 minutes
Physics	Mechanics Thermodynamics Vibrations, Waves, and Optics Electricity and Magnetism Modern Physics	30	30 minutes
Social Science	Sociology and Anthropology Psychology	30	30 minutes
Chemistry	General Chemistry Analytical Chemistry Organic Chemistry Biochemistry	30	30 minutes
<i>Time Limit*</i>			1 hour and 30 minutes

**The timer in the online testing website starts when the candidate is on the first item of the test. It does not include time spent on preliminary activities such as system check and identity verification. The timer restarts for every section of the test.*

The four subtests that compose Part 2 are **BIOLOGY**, **PHYSICS**, **SOCIAL SCIENCE**, and **CHEMISTRY**. Social Science includes items in psychology, sociology, and anthropology. The items in the four subtests are

limited to concepts that are common and basic to the curricula of college introductory courses, particularly the degree programs considered as premedical courses. On the whole, these four subtests measure complex mental abilities because answering the items requires the use of the different cognitive skills—understanding, applying, analyzing, evaluating, and synthesizing.

Preparing for the Test

You, as a candidate, must familiarize yourself with the look and feel of the Online NMAT in advance. It will minimize your anxiety and help you be better prepared for the actual testing experience.

Understanding the Online NMAT

Test taking will be greatly improved with the use of a practice set and demo test. The practice set will, more or less, reflect the content of the NMAT or what each particular subtest is about, and what it measures by analyzing the information, concepts or principles involved in the items. While the demo test will help you familiarize with the features of the testing website and with the different sections of the test. You are advised to take the demo test prior to the actual test day to practice navigating within and between the test sections.

The brief description of the NMAT in the previous section gives you an idea of the relative difficulty of the subtests. Part 1 requires more of innate abilities. The items in any of the four subtests of Part 1 primarily measure aptitude. Basic concepts or principles can be found in the items presented. In Part 2, the items in any of the four subtests, with the exception of some recall items, require the use of complex abilities such as application and analysis. This is where Part 2 will require references and note taking. For example, in the practice set, a problem in physics that requires the use of a formula will need your ability to recall the formula and apply it. It is, therefore, good practice to note down your analysis of the problem. A formula has a number of variables, and it is likely to appear in similar problems involving the other variables.

Management of Study Time

There are about two to four months between the registration for the NMAT and the administration of the test, depending on when you take the test. Apportion your time wisely so that you can cover all the areas included in Part 2. Your practice can be a good indicator of your weak areas. Early in your preparation to take the NMAT, you should try to answer all the questions in your practice set. The practice set has exactly the same task required as the actual test. You should become familiar with the specific tasks before you take the test. This will make it possible for you to spend less time reading instructions and more time answering questions on the actual test.

Upon answering the practice set, take note of all the items where you have difficulty understanding and getting the correct answers. Then, reread your notes or reference books and analyze why your answers differ from the answer key provided. If you get 75% of the items correctly, you are in good shape and ready to take the NMAT. Lower than 75% correct answers will mean the need to improve your base information level on the various subtests and to sharpen your application and/or analytical skills. The same is true for taking the demo test; you can click the bookmark icon (Revisit Later feature) on items you wish to further review or focus on. However, for the demo test, there is no answer key provided, and items are repeated since this is meant only for practicing the test website navigation. Do your review

systematically so you proceed by sections. After you have finished reviewing your weak areas, you should now be ready to take the NMAT.

To prepare yourself to take the test under time pressure, take your practice set and simulate the actual test time which is 2 hours and 15 minutes for Part 1 and 1 hour and 30 minutes for Part 2.

REMINDERS:

1. The Online NMAT has fewer test items than the Practice Set.
2. The Practice Set and Demo Test are meant to guide you in your review and to provide you with an opportunity to simulate answering the NMAT test items. Do not memorize the test questions and the answers in the answer key. The NMAT you will take will not include the same questions you see in the Practice Set and Demo Test.
3. The Demo Test is not timed and will not be scored.

CAUTION:

The CEM is NOT affiliated with, and does NOT:

- a. endorse enrollment to any professional review school or any medical school in the Philippines and,
- b. authorize the sale of reviewers or study materials containing alleged actual NMAT items.

Please immediately inform the CEM management of incidents involving any institution and/or person(s) particularly those previously or currently connected with CEM as officers and employees, as local or foreign field representatives and coordinators for the NMAT and other CEM tests, making pronouncement or claims contrary to the above. You may email the NMAT Secretariat via the [Contact Us Here](#) form.

Test Scores

Each NMAT form administered measures the same basic skills and concepts but uses different questions. Because of this, there is a potential for a form to be either easier or slightly more difficult than another. Hence, an examinee's raw scores are converted to a scale that takes into consideration the level of difficulty of the test questions on a given form. This conversion makes possible the comparison of reported scores across test forms.

The NMAT yields the following set of scores: (1) Part 1 subtest scores and a composite score called APT, (2) Part 2 subtest scores and a composite score called SA, and (3) a full composite score derived from the eight subtests called the General Performance Score (GPS).

The score on each of the eight subtests is expressed as a standard score (SS). The SS has a range of 200 to 800. The test results of examinees are compared to those of the norm group which has mean scores of 500 and standard deviation of 100.

The NMAT GPS is reported with a corresponding percentile rank (PR) that ranges from 1- to 99+, with a midpoint of 50. The PR indicates the percentage of NMAT examinees who have NMAT scores the same as or lower than the examinee.

The PR will be evaluated by the medical school against the PR cutoff prescribed by the Commission on Higher Education (CHED) or by the school itself. This PR cutoff is the minimum score that qualifies an examinee as a bona fide applicant for admission into his/her preferred medical school.

The scores are official and are guaranteed free of discrepancies. The CEM does not entertain rechecking of NMAT answer sheets.

Your obtained NMAT scores at any given examination year are considered sufficient and valid as basis for evaluating your application for admission to a college of medicine. You are encouraged to do well in the test and obtain your best scores to increase your chances of being accepted in the best medical schools in the Philippines.

Release of Score Reports

The test scores are reported through the Examinee Report (electronic and printed copy) and the Masterlist of Test Results (MTR).

Release of Test Results: Electronic Copy

An electronic copy of your test results will be available **twenty (20) CEM business days after the last date of the test administration**. You may click on the link for Test Results under the Online Options on the CEM website to check status, view, and/or download a copy. The electronic copy is not valid for admission purposes. The electronic copy is intended solely to assist you in understanding your scores, helping you determine which Philippine medical schools to apply to and whether you should retake the test.

Release of Test Results: Examinee Report Forms

Your NMAT score will be printed on the Examinee Report Form (ERF). The original copy of the ERF will be mailed to the mailing address indicated on your NMAT Registration Form **after six (6) weeks** from the last date of test administration.

Independent courier service providers are contracted to transmit the ERFs. Delivery time may take more days for bulk mailing or approximately 4-7 days for NCR and 7-14 days in the provinces. **CEM is not responsible for any claims for damages due to delayed delivery of your ERF for any reason.** If you have not received your ERF two (2) weeks after the scheduled release, you may contact the NMAT Secretariat. As a general rule, the following are the **authorized recipients** during delivery of NMAT ERF.

For Residential Delivery

1. Examinee (or ultimate consignee)
2. Any Relative/ House Mate / House Helper residing on consignee's registered mailing address
3. Security Guard/Receptionist on-duty at any condominium or compound address

For Office Delivery

1. Examinee (or ultimate consignee)
2. Security Guard-on-duty, Receptionist, Office Assistant, Office mates

NOTE: Security Guards in some condominiums, subdivisions, and compounds do not accept parcels without the consignee's valid ID and/or authorization. Please know your security/gatekeepers' rules and regulations and coordinate accordingly.

You will be notified by email that your NMAT ERF is underway. **You must keep your email and mobile phone number current to ensure the timely delivery of your test result.** After two failed delivery attempts, your document will be forwarded back to CEM. This takes about 2 to 6 weeks. For reshipping of Return-to-Sender (RTS) envelope, fill out the [NMAT ERF Request](#) form found on the NMAT website.

To maintain confidentiality, requests to disclose an individual's scores, over the phone or via e-mail, will NOT be entertained.

NOTE: CEM will dispose of unclaimed RTS envelopes six (6) months after receipt.

Request for Extra Copy of your Examinee Report Form (ERF)

Procedure:

1. Make a deposit to the nearest BPI branch.
Merchant: Center for Educational Measurement, Inc.
BPI Current Account **1885-1133-34**

Cost: Php50.00 for every copy plus Php80.00 shipping fee
Note: Courier service only (no pick-up arrangement)
2. Accomplish and submit the request for a copy of the NMAT Examinee Report Form (ERF). To request, click here: [NMAT ERF Request](#)
3. Monitor your email for status updates on your request. After information and payment have been validated and email confirmation is received, allow 10 business days for the shipment of package.

Please note that the NMAT Secretariat will **NOT** process any duplicate copy requests at least 2 weeks before and after scheduled test administration in order to prioritize pretest and posttest preparations.

Distribution of Masterlist of Test Scores

To safeguard the authenticity of the results, your score will also appear on the Masterlist of Test Scores which will be sent to all Philippine medical schools, Commission on Higher Education (CHED), Higher Education Regional Offices (HERO), and the office of the Association of Philippine Medical Colleges Foundation, Inc. (APMC). These offices must refer only to the masterlist for official scores.

PART 2. ONLINE REGISTRATION

Eligibility

Those who intend to enroll in a medical degree program in the Philippines are required to take the NMAT. It is best recommended for applicants with baccalaureate degrees or graduating students since they have already covered the required academic subjects for applicants to medical schools.

1. College graduates;
2. Graduating college students at the end of the current school year;
3. Students on their second-year program in the UP College of Medicine Integrated Liberal Arts and Medicine (INTARMED), or in the UST Faculty of Medicine and Surgery Bachelor of Science in Basic Human Studies (LEAPMed - Learning Enhanced Accelerated Program for Medicine);
4. Those who have previously taken the NMAT but failed to reach the minimum cut-off score;
5. Those with valid NMAT eligibility who want to improve their scores

NOTE: For Foreign applicants, please read the Consolidated Implementing Guidelines on the Entry and Stay of Foreign Students in the Philippines Pursuant to Executive Order 285, series of 2000 and CHED Memorandum Order No. 18 series of 2016.

Validity period and minimum cut-off score

As per CHED Memorandum Order No. 18 series of 2016, the NMAT must be taken not more than two (2) years from the time of admission to medical school with a percentile score equivalent to or higher than that currently prescribed by the school or the Commission (40 Percentile Rank), whichever is higher.

Requirements

Before you register online, make sure that you have the following:

1. Valid and working **email account** that you will use for your online application. Important notifications will be sent to your email address such as NMAT Registration form, mailing alerts, and other advisories.
2. An **Unretouched Digital Photo** that meets the following specifications:
 - The photo must have been taken within one (1) year of submitting your application
 - The photo must be clear, so that there can be no doubt about your identity
 - Only your face and shoulder should be included in the photo (similar to a passport photo)
 - The digital photo must **NOT** be a scanned photo of any existing valid ID
 - No “selfies” or *improper poses*
 - The digital photo must match your appearance on the day of the test (e.g., with or without beard)
 - Must be 2” x 2”, colored, with white background
 - The image pixel dimensions must be in a square aspect ratio (i.e., the height must be equal to the width). Minimum acceptable dimensions are 600 x 600 pixels.
 - The file size must be less than or equal to 2 MB
 - Must be in JPG file format

Your digital photo will appear on your NMAT forms and Examinee Report Form so make sure you adhere to the above photo specifications. You will be notified by email if your digital file photo is corrupted or the quality of your digital photo is not acceptable. If you fail to update your digital photo, your official NMAT Examinee Report Form shall be printed bearing the low-quality photo or without a photo. Any request on your part to edit or replace the photo after the registration period will be subject to a service charge.

3. A **PDF file of any of the following documents: Transcript of Records** for graduate applicants or **Certificate to Graduate** for graduating applicants or certificate of enrolment or school registration form or true copy of grades.
4. A physical format of **valid School or any Government-issued ID** listed below:
 - Driver's License
 - Passport (particularly for foreign candidates)
 - PRC License
 - SSS ID
 - GSIS ID (UMID)
 - Voter's ID/Voter's Certification
 - BIR ID (ATM type/TIN card type with picture)
 - Philippine National ID (PhilID) or ePhilID
 - Company/Office ID
 - School ID
 - Police Clearance/Police Clearance Certificate
 - PNP License / Airman License
 - Postal ID
 - Barangay ID
 - NBI Clearance
 - Seaman's Book (SIRB)
 - OWWA / iDOLE card
 - HDMF Transaction Card
 - PWD ID
 - Solo Parent ID
 - Senior Citizen's ID
 - Alien Certificate of Registration Identity Card (ACR I-CARD)
5. **Philippine mailing address** (indicate house number, street name, barangay, name of town and city, and zip code) or Philippine Post Office box number. The NMAT results will **ONLY** be mailed in the address within the Philippines.

Procedure

IMPORTANT: *Information entered will only be saved upon completion of the registration process. In case you fail to complete registration, it will be **cancelled** and you will lose all previously entered information. To register again, simply log in to your account and provide all required information to finish the process. It is your responsibility to ensure that your registration has been completed.*

1. Check the strength and speed of your internet connection before you start your online registration. The NMAT website works better in Google Chrome than in other browsers.

2. Create an account on the NMAT website and verify your email if you are NOT yet a verified user. **The name that you will enter in the NMAT Online Registration System should appear exactly the way it appears on the valid ID that you will present when you sit for the NMAT.** The name that you enter during the creation of your account will appear on **ALL** your NMAT forms including the NMAT Masterlist of Test Results sent to all Philippine medical schools, Commission on Higher Education (CHED), Higher Education Regional Offices (HERO), and the office of the Association of Philippine Medical Colleges Foundation, Inc. (APMC).

It is your responsibility to make sure all biographical information in your NMAT account is correct, accurate, and consistent. Your failure to provide accurate and consistent information could result in errors and processing delays. In some cases, your test result might be put on hold until the matter is resolved. You might also be asked to provide documentation to support the biographical data change (e.g., birth certificate, affidavit).

All information that you entered during the registration process shall be considered correct and final after the end of the registration period.

NOTE: Refrain from creating multiple accounts if you already have one verified account to avoid inconveniences. You will not be able to proceed with the registration to NMAT if multiple accounts are detected by the online registration system.

3. Register and choose your preferred payment method in the online portal. Applicants who register from abroad, can only pay through credit card.
4. Check your email for payment instructions and pay the applicable fees.
5. Check your email account — **inbox and spam mailbox** — for either of the following, depending on the payment method that you selected:
 - a. Payment confirmation from payment partner and Dragonpay for bank for online banking methods or credit card payment, or
 - b. Payment instructions and payment confirmation after paying through over-the-counter payment channel
6. Check your NMAT Registration form in your email account within 2-3 business days after paying. If you don't receive the Dragonpay confirmation and/or NMAT Registration form, fill out the Contact Us Here form found on the NMAT website.
7. If you need to change some or all the information on your NMAT registration, follow the instructions below:
 - a. Click the [Edit Registration](#) link under the Online Options on the NMAT website and proceed accordingly.
 - b. If changes have been made successfully, you will receive a new NMAT Registration Form on your email. Discard the old form immediately.

NOTE: The change can only be done during the registration period. However, only the NMAT Secretariat is authorized to change/correct names and birth date at any given time. Request for name correction and birth date must be sent through the Contact Us Here form found on the NMAT Website.

Submission of Required Documents

Before the close of registration, email a scanned copy, in PDF format, of *any one* of the below requirements to nmatrequirements@cem-inc.org.ph or notify the NMAT Secretariat through the **Contact Us Here form** in case of delay in submission.

- Transcript of Records
- Certificate to Graduate
- Certificate of Enrollment or registration form
- True Copy of Grades

Disclosure of Personal Information

Personal information is collected during registration process. You will be asked to consider submitting personal information and your NMAT score for some medical schools' recruitment program. The option to participate in medical school's recruitment program is only available during registration. You will be asked to accept or decline this offer.

Registration and Test Fees

You will need to pay the total amount of Php1,900.00 for the registration and test fees. The registration fee of Php500.00 covers the development, updating, maintaining, and deployment of the online registration system, including downloadable test forms and practice sets. The test fee of Php1,400.00 covers the costs of test development, processing the application form, test administration, processing and scoring of answer sheets, and the printing and delivery of test results.

For NMAT-International applicants, the total amount to pay is USD60.00 (registration fee of USD15.00 and test fee of USD45.00)

Your NMAT payment is valid only for the test date indicated in your registration. If you wish to retake the NMAT or move your test to a later schedule, you must submit a request to the NMAT Secretariat within the registration period using the official [Contact Us Here](#) form. All requests are subject to review and approval. Do not reuse your previous NMAT application number.

Payment

IMPORTANT: *Payments **NOT** made in our official payment channel or authorized payment modes (e.g., direct deposit to CEM's account) are non-refundable and are NOT traceable to your NMAT application. You will need to pay the full amount again.*

For your safety and convenience, payments will be channeled through the Dragonpay facility, which offers contactless payment options through online banking, over-the-counter cash deposits, over-the counter non-bank, mobile and credit card payments. Applicable service fees will be charged on top of your registration and testing fee. All fees must be paid before the deadline stated in your payment instructions. You are responsible to check the cut-off time of your chosen payment channel. Other modes of payment are **NOT traceable to your NMAT application and WILL NOT be recognized by the registration system.**

Payment period varies depending on the preferred payment method. Please note that some online transaction requires payment within 2 minutes or 60 minutes only, while some over-the-counter transaction requires payment within 48 hours only. Your reserved test date will be cancelled if you don't pay on the specified time.

Payments made after the cut-off time, including the schedule of payment posting for over-the-counter bank payment, and during weekends and public holidays will fail to meet the deadline and render the transaction void. **Applicants with voided transactions will NOT be included in the official list of NMAT candidates even if payment has already been made.**

As soon as payment is completed, you will receive a payment confirmation e-mail from payment partner and from NMAT containing the link to access the NMAT guidelines and other important documents.

Confirmation of Payment

1. Real-time payment methods such as online banking methods, mobile and credit card payments are automatically confirmed by email once payment is successful.
2. If you pay through over-the-counter bank deposit, you shall receive payment confirmation email in your inbox (or spam mailbox) after three (3) business days. Your official receipt will be mailed together with the hard copy of your test results.

DISCLAIMER: Review centers or any other agencies are NOT authorized to collect or accept any NMAT testing fee from NMAT applicants. Any untoward incident arising from your dealings with them is solely your responsibility.

NMAT Registration Form and Application Number

You should check your NMAT Registration form at least week *before* the test date or earlier. Take note of your NMAT Application Number, which you will need to when you view/check your online registration and NMAT resources (e.g., Demo Test, Practice Set and video walkthrough), and to access your actual exam.

To obtain your NMAT Application Number prior to receiving your NMAT Registration Form, get the first 10 digits of the Transaction ID found on your Dragonpay Payment Confirmation.

Refund of Test Fees

You may cancel your online NMAT registration within five (5) working days from the date of your registration. The registration fee is strictly non-refundable. You may be eligible for a ninety percent (90%) refund of your testing fee, provided that you submit your refund request within the five-day period. Please note that your bank may deduct an additional fee for processing the transfer.

To request a refund, you must notify the NMAT Secretariat via the official Contact Us Here form. Refunds may take up to six (6) weeks to process after the release of the original copy of the test result. Please be aware that requests submitted more than five (5) working days after your registration date will not be eligible for a refund.

Certain conditions are automatically non-refundable. These include, but are not limited to examinees who:

- a. are absent on their scheduled test date
- b. failed the exam
- c. are disqualified during the exam
- d. had been identified to violate the NMAT policy after test administration, resulting in an invalidated test score
- e. voluntarily waive their test
- f. fail to claim or utilize their scores
- g. did not make payment through the official payment channel or authorized payment modes of CEM (e.g., direct deposit to CEM's account)

Your NMAT payment is valid only for the test date indicated in your registration. If you wish to move your test to a later schedule, you must submit a request to the NMAT Secretariat within the registration period using the official [Contact Us Here](#) form. All requests are subject to review and approval.

Test Cancellation by CEM and Force Majeure

CEM may cancel your test under certain conditions beyond our control. This includes but not limited to civil unrest, extreme weather conditions, natural calamities, fortuitous event and force majeure. In these conditions, CEM will provide you with as much notice as possible and give you the full testing fee refund (an additional bank transfer fee may be deducted by your bank), or transfer to a future test date.

PART 3. TEST DAY INSTRUCTIONS

Knowing in advance what to expect at the test site helps you to be more confident and comfortable on test day.

What to Have

Please have the following items ready when you access the online testing website:

- ✓ Physical ID card (e.g., current school ID, any valid government-issued IDs, or passport)
- ✓ Laptop or desktop computer (undergone and passed the system compatibility check before the test day)
- ✓ Functional computer mouse and keyboard (built-in or external)
- ✓ Earphones/Headphone*
- *You may connect it to your computer before accessing the test website and keep it plugged in during the test.*
- ✓ Charger for laptop users**
- **You may plug it in to your computer before entering the test website and have it plugged in throughout the test.*
- ✓ Authorized writing materials that can be easily erased for scratch work

Your **physical ID card** will be verified on the day of the actual test. The photo on your ID must be recognizable as you. The identity verification stage may include resubmission of your ID card to ensure that you are who you say you are.

Refer to the **Candidate Online Assessment Guide (COAG)** for a complete list of allowed and prohibited materials during the test.

What to Expect

Make sure to review the NMAT Bulletin of Information (BOI), Candidate Online Assessment Guide (COAG), and the information on the NMAT website prior to the exam date.

On the test day, proctors will NOT respond to questions about information already provided or covered in the BOI, COAG, or NMAT website. Their role is primarily to administer and monitor the exam.

You may submit your inquiries through the 'Contact Us Here' form found on the NMAT website. In addition, certain test security measures shall be followed before, during, and after test administration.

General Instructions

1. Before taking the test, be sure you have the necessary computer and software requirements. You are responsible for making sure that the software works with your system before you take the Online NMAT. All information about the Online NMAT is sent to your registered e-mail. Resources for taking the Online NMAT such as the PDF copy of the COAG, Practice Set and links to the Demo Test and Video Tutorial on Attempting CEM Online Test will be available in your Registration Account as soon as payment is completed.
2. The test invitation, which includes the link to the actual test, will be e-mailed to you between 2:00 PM and 4:00 PM (PHT), 2 to 3 days before the first test date of the current NMAT cycle. It is your responsibility to check your registered e-mail address. If you have not received the test invitation within the specified time frame, check your SPAM/JUNK folder. If there are no emails in any of the folders, please contact the CEM help desk for assistance. Make sure to have everything you need—including your NMAT Registration Form with your application number and test link—well before your scheduled exam date. Submit the official [Contact Us Here](#) form or reach out to the CEM help desk at least a day before your exam if none appear in your email folder. Follow-ups or requests to resend the NMAT Registration Form, Application Number, and Test Link on the day of your scheduled test will NOT be accommodated by the NMAT Secretariat.
3. **Access Time.** A one and half (1.5) hour access time (Philippine Standard Time) is given to all candidates to enter the online testing platform for registration and identity verification. You need to log-in at the earliest access time for the preliminary activities such as system check and identity verification. Once you have been verified and allowed to enter the testing website, you may start answering the test. If there are issues during the identity verification stage, you will be asked to resubmit your credentials and will be put again in queue, or confirm your registration details through chat.
NOTE: Failure to log in on the test date and time for any reason will result in forfeiture of your test. Immediately contact the CEM help desk if you encounter technical issues upon entering the test website. You may write the support numbers on your writing board since taking a photo of the test website is not allowed and warrants disqualification.
4. Attend to your personal needs before the start of the examination. A quick break is allowed during Section 1, and an official 10-minute test break is provided after Section 2 (NMAT Part 1) of the test.
5. You are required to use a test table or desk during the test. Clear your test table of any prohibited items, and prepare only the authorized materials specified in the Candidate Online Assessment Guide (COAG). Your test session will be put on pause if you do not follow the recommended set-up.

6. Cheating in any manner or form will automatically invalidate the test results. If you are caught cheating, your test session will be disqualified, your answers to the test will NOT be processed, and your test fee will be totally forfeited. Depending on the nature of your violation, you may be disqualified from taking another NMAT or be banned for a certain period.

CEM strictly prohibits having and using mobile phones and other unauthorized gadgets during the test. Your test session will be recorded as soon as you enter the test website, and these recordings may be reviewed even after you have completed the NMAT. **If caught taking a photo/video of any part of the test website, with or without test items, your test will be invalidated.**

7. At the end of the test, erase all writings on your authorized physical writing materials, which you used for scratch work.

Prohibited Materials

- | | |
|--|---|
| ✗ phones (all kinds) | ✗ all watches |
| ✗ tablets and e-readers | ✗ any other electronic, recording, listening, scanning, printing, or photographic devices |
| ✗ pencils (of any kind) | ✗ digital storage and USB-tethering devices |
| ✗ pen/pencil erasers | ✗ external monitor |
| ✗ permanent markers and pens | ✗ transmitting cables (e.g., HDMI) |
| ✗ paper and tissue | ✗ compasses |
| ✗ physical calculators | ✗ rulers/protractors |
| ✗ books/textbooks, pamphlets, notes, dictionaries, translators | ✗ mirrors (of any kind) |
| ✗ scan pens or scanning devices | ✗ unauthorized materials for scratch work |
| ✗ electronic or battery-operated magic slate | ✗ acetate/transparent sheets for scratch work |
| ✗ all wearable technology | |

Prohibited Activities

1. Attempting to take the test for someone else or having someone else take the test for you at any stage of the examination.
2. Coaching of answers or attempting to receive assistance from another person or assistive devices—communication in any form is not permitted during the online session.
3. Reading aloud, mouthing, or whispering the test items or your computations.
4. Having prohibited items within the test table or testing area.
5. Using unauthorized items (e.g., textbooks, study aids or tools, gadgets, mobile phone) even during test break.
6. Taking a photo, video, or screenshot of the test window, with or without test items.
7. Not following proctor instructions and reminders. This includes being disrespectful of the testing personnel.
8. Editing, copying, or attempting to edit/copy/duplicate any test content from the testing website.
9. Reproducing or disclosing the test content or any part of the test content by any means (e.g., hard copy, verbally, electronically) to any person or entity.
10. Causing change or damage to the online testing website (i.e., tamper or hack).
11. Navigating away from the test website at any time during the test (i.e., opening another browser or application, using multi-touch features of touchpad or trackpad in laptop devices).
12. Leaving the testing area or room during the test without the permission of your Proctor.

13. Making gestures (e.g., doing hand signals, pointing to your computer screen or monitor).
14. Engaging in any disruptive behavior, harassment, threats, or insults, whether it is aimed at the proctors or not.
15. Covering/blocking your webcam and/or turning off your microphone at any time during the test.
16. Inserting unauthorized external devices (e.g., USB).
17. Having or using paper, pen/pencil or any permanent markers, and unauthorized materials for scratch work.
18. Frequently glancing or looking away from the computer screen.
19. Frequently moving hands/arms. Keeping your hands/arms on top of the table or desk is always expected.
20. Screen sharing, mirroring, or casting.
21. Using or connecting to an external monitor.

IMPORTANT: *Anyone found violating any of these rules will be disqualified from continuing with the test. Additionally, CEM reserves the right to take all actions—including, but not limited to, banning you from future testing and withholding or canceling your scores—for failure to comply with test administration regulations or directions. Canceled scores will not be reported, and registration and test fees will not be refunded. Once a final decision regarding a rule violation has been issued, further appeals or requests for additional investigation will not be accepted.*

Absence on Test Day and Noncompletion of the Test

If you are absent on the day of the exam, your name will NOT be included in the Masterlist of Test Results (MTR). Failure to take or complete the test on the scheduled test date under any circumstances totally forfeits your NMAT Registration and Test Fees.

PART 4. EXAMINEE AGREEMENT

Before you register for the NMAT, you must have read and understood this NMAT BOI. The NMAT BOI is the official policy and procedure guide to the NMAT. In addition to adhering to the policies contained in the BOI, when you register for the test, you will be asked to accept the NMAT Examinee Agreement. The NMAT Examinee Agreement aims at a thorough understanding of the NMAT testing policies and procedures and of maintaining a fair and secure testing process. It consists of several online screens that reiterate the main provisions of the BOI on the following:

- Eligibility and registration requirements
- Payment and refund
- Test day instructions
- Prohibited items and behavior on test day
- Terms and conditions for taking the NMAT

The last three online screens of the NMAT Examinee Agreement sets forth terms under which you agree to register and take the NMAT, including, but not limited to, a prohibition on discussion or disclosure of test content. If you do not agree to these terms, you will not be permitted to register for the NMAT.

Terms and Conditions for Taking the NMAT

As an NMAT candidate and an applicant for admission to any Philippine medical school, you must accept the following terms and conditions as stated:

1. I certify that I have met the registration requirements and I am eligible to take the NMAT.
2. I certify that I will take the NMAT for the purpose of applying to a Philippine medical school and not for any other reason.
3. I understand that it is my responsibility to submit all required documents in support of my NMAT application.
4. I understand that I will be monitored through video and audio feed while taking the Online NMAT to ensure that I adhere to the test-taking rules and that any unfair means of taking the exam are eliminated. I further understand that this video and audio feed is accessed on a real time basis and can be accessed subsequently by authorized personnel only.
5. I agree to show my testing room or environment for inspection of any prohibited activity or material during the test.
6. I understand that I will be asked to show my testing room or environment for inspection of any prohibited activity or materials during the test.
7. I understand that it is my responsibility as NMAT taker to report all instances of suspected cheating on the part of any test taker.
8. I have read and will comply with the terms set forth in the NMAT BOI and COAG, including, but not limited to, the rules and regulations concerning test-day procedures, the ban on bringing review materials or other prohibited information or items into my testing room (within arm's reach), and other prohibited behavior before and during the test administration.
9. If found, I agree to show the prohibited items and their contents for inspection. I also understand that any personal information contained in the inspected items will be kept confidential and used strictly to investigate potential violations of the testing process.
10. I agree and understand that on my scheduled test date, my proctor will not entertain any inquiries about information already provided in this BOI, the COAG, and the NMAT website.
11. I am aware that the NMAT is confidential and that its contents will be disclosed to me only on the day of the actual test.
12. I have been informed that the NMAT and the questions therein are copyrighted and are protected by Philippines and international copyright and trade secret laws.
13. I agree that I will not discuss or disclose the NMAT content orally, in writing, on the internet, or through any other medium.
14. I understand and agree that I will not copy, reproduce, adapt, disclose, transmit, or sell test items, in whole or in part, or assist anyone else in doing the same; doing so will result in legal action being taken against me and being banned from taking future NMAT.
15. I agree that I will not obtain or purchase review materials containing alleged actual NMAT items, and that I may be disqualified from taking the NMAT as a result of doing so.
16. I agree that I will not reconstruct test content from memory, by dictation, or by any other means,

for the purpose of sharing that information with any other individual or entity.

17. I understand that prohibited acts related to confidentiality include, but are not limited to: describing questions, passages, or graphics from the test; identifying terms or concepts contained in test items; sharing answers to questions; referring others to information I saw on the test; reconstructing a list of topics on the test; and discussing test items, answers, passages, graphics, or topics on social media, or through other means.
18. I understand and agree that any alleged violation of this Examinee Agreement or any alleged activity that may compromise the validity, integrity, or security of the NMAT will be investigated.
19. I understand and agree that if I provide false information, violate the terms of this Examinee Agreement, any other terms or conditions stated in the NMAT BOI, or any test center rules and regulations, engage in any activity that may compromise the validity, integrity, or security of the NMAT, or fail to fully cooperate in any investigation of a violation of the Examinee Agreement or the terms and conditions of the NMAT BOI, including a post-test identity verification:
 - That the CEM may issue a report of the factual findings of the investigation to legitimately interested parties;
 - That my answers to the test may NOT be processed and NO official test results may be issued; and
 - That I may be banned from taking the NMAT for a specific period of time.

Data Privacy Policy

Pursuant to our responsibilities under Republic Act No. 10173, otherwise known as the Data Privacy Act of 2012, the Commission on Higher Education (CHED) and the Center for Educational Measurement (CEM) affirm your right to privacy of your personal data, particularly in relation to your application to take the National Medical Admission Test (NMAT) and to apply to medical school. This right extends both to processed information as well as to the raw data upon which processed information is based.

This data privacy policy ("Privacy Policy") describes our practices regarding the collection, storage, protection, and use of your personal data.

Scope and Consent

By using the NMAT Online Registration System and providing your personal data in connection with your application to take the NMAT, you accept the practices described in this data privacy policy and consent to the collection and use of this information by CHED and CEM. By registering online, you explicitly authorize:

- CEM, its employees, and third-party service providers, to use your personal data for purposes of providing services to you or for other reasonable purposes which are related to the services it provides or improvements / upgrades in its systems and business processes, including but not limited to test administration, scoring, and release / delivery of test results.
- CEM to share / release your personal data (name and test results) to Philippine medical schools as a way to authenticate test results and safeguard against falsification of the former.
- CHED and CEM to use your personal data for research and statistical purposes.

CHED and CEM reserve the right to make changes to this Privacy Policy at any time. Any changes will be posted on this page.

Collected Information

The information to be collected consists of information that you voluntarily provide to us when you register to take the NMAT. This includes personal identifying information such as your:

- a. personal contact information
- b. educational background
- c. demographic information
- d. photograph
- e. parents information
- f. factors affecting your course choice
- g. account login information
- h. credit card information
- i. technical computer information
- j. website usage information

Storage and Protection of Collected Information

The personal data obtained through this website is entered and stored within the CEM's authorized information and communications system, and will be accessed only by CHED and CEM authorized personnel. Reasonable physical and technical safeguards are used to secure your personal data from unauthorized access, use, or disclosure.

Sharing and Use of Collected Information

Your personal data is collected primarily for the purpose of:

- a. providing you with NMAT test registration services
- b. enabling billing and shipping
- c. ensuring your safety and convenience during the testing process
- d. processing, reporting, and disseminating of test results for admission, research, and scholarship purposes
- e. generating relevant statistics for educational purposes
- f. profiling, historical, and statistical purposes
- g. for systems administration and troubleshooting purposes.

Your contact information (email address phone number/s) in addition to your test results may be shared with medical schools who may invite you to enroll in their school, and/or offer scholarship grants, unless you withhold consent thereto.

REMINDER: Indicate your consent in the Data Release Question of the Application Form in Step 3 of the online registration.

Retention and Confidentiality of Collected Information

NMAT data are the property of the CHed and CEM and are to be kept indefinitely for historical, statistical, and educational purposes. The appropriate organizational, physical, and technical security measures will be used to secure your personal data from unauthorized access, use, or disclosure.

Legal Disclosure

We reserve the right to disclose personal information to our service providers, the government, law enforcement agencies, or other third parties under certain circumstances where a formal request has been made (such as in responding to a court order, subpoena, or judicial proceeding), that we deemed necessary and appropriate.

Your Rights

Pursuant to the Data Privacy Act, you have the following rights:

- The right to privacy;
- The right to be informed of the processing of your personal data;
- The right to be informed of any data breach;
- The right to access your personal data, to rectify the same, and to erasure or blocking of such information upon reasonable request;
- The right to object to further processing;
- The right to lodge a complaint before the National Privacy Commission; and
- The right to damages when appropriate.

Contact Information

The NMAT Secretariat
8279 Camachile St. Cor. Mayapis St.,
San Antonio Village, Makati City

Official Requests Forms:

For general queries

[Contact Us Here](#) form

For request of duplicate copies

[NMAT ERF Request](#) form

For request to waive test scores or submit appeals

**opens only during testing period*

[NMAT Waiver/Appeals](#) form

Official Email Addresses:

nmat@cem-inc.org.ph

nmatrequirements@cem-inc.org.ph – for submission of required documents

NMAT Contact Points:

Official Mobile Numbers

+63-999-221-2609

+63-999-221-2621

Makati Office Landline

(+632) 8840-0880

NOTE: For technical support on your actual test day, the Help Desk contact numbers are provided in the Candidate Online Assessment Guide (COAG).

PART 5. TESTING ACCOMMODATIONS

CEM understands the needs of persons with medical condition or disabilities who intend to take the NMAT. We want to provide reasonable accommodations for purposes of managing the test administration without compromising the purpose of the test.

If you are a person with medical condition (e.g., pregnant, hearing impairment, visual impairment) or a PWD (person with disability) card-bearing person, you must indicate it when you register online. This will allow CEM to make reasonable arrangement(s) that fit your needs subject to approval. CEM may also require the submission of supporting documents in relation to your condition (e.g., valid PWD ID card, medical certificate).

NOTE: Special arrangements requested on the test day are also subject to approval.

Please contact us if you have questions after reading the BOI.
<https://www.cem-inc.org.ph/nmat/contact-us>